



**HEALTH PROFESSIONS AND RELATED SCIENCES**  
**PROGRAM DRESS CODE POLICY**  
**Adult Nurse Aide #378**

This dress code policy has been developed in accordance with clinical affiliation agencies policies, safety regulations, as well as by guidelines recommended by professional standards established to maintain a professional image and comply with safety and infection control guidelines.

SUN Area Technical Institute's Health Professions and Related Sciences students are required to wear a uniform consistent with OSHA regulations to protect students while they are in training in the program and while participating in clinical affiliations. The uniform consists of a white undershirt or tank top, indigo blue pants or skirt, a indigo blue scrub shirt, white clinical shoes and a watch with a second hand. Due to the nature of our profession in working with the public, both professional appearance and professional behavior are key points we strive to emphasize.

**White Undershirts**

A white undershirt or tank top is required to be worn under the students scrub shirt. These shirts can be purchased at places such as, Wal-Mart, K Mart, Dollar General. They range in price from \$5.00-\$10.00. During the colder months, students will be permitted to wear a plain white turtleneck or long sleeved tee shirt as long as they are white in color. The same uniform in the classroom will be required in the clinical facilities.

**Scrub Shirt**

The scrub shirt may be purchased in the same location as the scrub pants. This is important to ensure the blue matches. These can be purchased at Walmart, Dollar General, and any Uniform shops. Most students can manage with 2 or 3 shirts. Please keep in mind that OSHA regulations require uniforms to be clean and laundered after patient contact. The cost per shirt has been approximately \$15.00. Specific amount is dependent on size and is determined by the vendor.

**Uniform Pants/Skirt**

Uniform pants/skirts are to be made of tightly woven material. Knits **are not permitted**. Stirrup, stretch or cuffed pants **are not permitted**. Pants may not be tucked, rolled stapled, taped, paper clipped, gathered or cropped at the bottom of the pant leg. The bottom of the pant leg must meet/cover the top of the shoe to provide the most protection. The bottom of the pant leg should not drag on the floor. Skirts must be knee length and must be worn with a slip. The pants/skirt can be purchased at Walmart, Dollar General, and any Uniform shops. Cost ranges from \$12.00 to \$24.00 in most stores. **Thongs will not be permitted**. Uniforms must be clean, stain free, pressed, fitted properly and in good repair.

### **Shoes/Socks/Stockings**

Students are required to wear plain white clinic or walking shoes (all white sneakers) example of styles include Dr. Scholl's, NurseMates, Rockport. Cost of shoes is dependent on the brand purchased. Shoes can be purchased at stores such as Payless, Supershoes, WalMart. Students **are not permitted** to wear sandals, canvas shoes, open toes, clogs, moccasins, regular street wear, ankle boot type or shoes with soles higher than 1-½ inches. If the shoe style includes shoelaces, the laces must be clean. Shoes must be clean, polished and in good repair. Female students are required to wear white or beige colored stockings when wearing skirts. Either, stockings, knee highs or white socks must be worn with pants. The socks must be all white without print and must extend at least 2 inches above the ankle. Socks are to be worn under the pant leg.

### **Hygiene**

In the health care profession you will be working closely with patients. Body cleanliness with adequate bathing and use of deodorants is necessary, as well as good oral hygiene practices. The odor associated with tobacco products is sickening to persons who are ill. Please refrain from using tobacco products. Makeup is to be used with discretion. Heavy scented perfumes, colognes, or powders are not permitted. Fingernails must be clean, trimmed and filed to a length not beyond the fingertip. Nail polish is not acceptable in any color including clear. Nail tips, extenders, or artificial nails are **not permitted**. Hair must be clean, styled neatly, worn no longer than shoulder length. Hair must be styled in such a manner that it does not ever contact the patient or interfere with vision. White, brown, gold, or silver barrettes may be worn. Elaborate headbands, bows, scarves, and ribbons etc. are not appropriate. Short well-trimmed beards, mustaches and sideburns are permissible. Gum chewing is prohibited in both the classroom and clinical facilities. Any visible tattoo must be covered.

### **Jewelry**

Jewelry will be limited to a wrist watch and wedding/engagement ring(s). No other rings are permitted. Earring must be plain, small and not extend below the ear lobe. One pair of earrings is permitted. No other body piercing is permitted. Wrist or ankle bracelets connected to rings and necklaces are not permitted. (Exception- medic alert bracelets and necklaces)

### **Nametag**

A nametag will be issued and must be worn when participating in clinical affiliation.

In professions where individuals deal closely with the public, cleanliness and professional appearance are of the utmost importance. Because of this fact, students' appearance will be evaluated on a daily basis. Please keep in mind that the uniform plays an important part in safety and infection control in addition to enhancing your professional image as a health care worker.

Students are required to be dressed in full uniform upon arrival to the classroom.

Violations of the dress code policy will affect the daily grade. Repeated violations will result in disciplinary action being taken.



**AREA TECHNICAL INSTITUTE**  
**Health Profession and Related Sciences**  
**Nurse Aide Program #378**

**Program Dress Code Policy**

I, the undersigned, have been given a copy and have been properly informed of the SUN Area Technical Institute's Health Professions and Related Sciences Program Dress Code Policy. I agree to conform to all requested guidelines. I fully understand the disciplinary action if I do not adhere to them.

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Student signature

Date